

## Personal Backpacking Checklist for Fall

>Clothes for backpacking should be light and fast-drying.

>Synthetic fabrics preferred (no cotton).

>Come dressed and packed for the trail with full water bottles.

>Drop off \_\_\_\_\_ at HHLC. Pick up Approx. \_\_\_\_\_ at HHLC.

### Ten Essentials #1: Tools

Pocketknife (If you have Totin Chip - Optional)

Watch (Optional)

### Ten Essentials #2: Light

Flashlight

### Ten Essentials #3: Sun Protection

Cheap Sunglasses (Optional)

Sun Hat (Optional)

### Ten Essentials #4: First Aid

Medications (Turned in to Scoutmaster)

BSA Health Form (Turned in to Scoutmaster)

Trip Permission Form (Turned in to Scoutmaster)

### Ten Essentials #5: Rain Gear

Poncho / Raincoat

### Ten Essentials #6: Water

2x Water Bottles (One for drink, one for cook. Total ~64 oz)

### Ten Essentials #7: Food

Spoon or Spork

Small light bowl

### Ten Essentials #8: Extra Clothing / Bed

Light Jacket

Warm Hat

T-Shirt and pants (Double Duty as PJs and Extra Clothes)

2 Pairs Extra Socks (non-cotton)

2 Pair Extra Underwear

Sleeping Bag (Rated down to ~30F)

Hammock w/ suspension straps, tarp, line/stakes

OR

Sleeping pad, groundcloth, tarp, line/stakes

### Ten Essentials #9: Fire

Matches in Waterproof Container (Optional)

### Ten Essentials #10: Navigation

Compass (Optional)

### Other

Trail Shoes on your feet

Set of Clothes on your body

Backpack w/ plastic bags or liners to keep gear dry

2 Bandannas or 1 Hand/Dish Towel (full towel is too big)

Small Ziplock Bag with your name on it for "Smellable" items like:

Toothbrush

Baby Wipes

Dishes

Leave Space in my Pack to carry

My part of the food

My part of a shared tent/tarp